




## ✧ Quick Start Decluttering Checklist



*Start with what's easy, let go of what's not serving you, and build momentum!*


Instead of asking *what should I get rid of?*, shift your mindset. Look at each item and ask: *Would I intentionally bring this into my home today?*



### Ask Yourself These 6 Questions:

1. Do I use this item regularly?
2. Would I buy this again today?
3. Does it serve a purpose in this season of life?
4. Is it in good condition and ready to use?
5. Would I pack and move this to a new home?
6. Does it add peace or value to my space?

**Tip:** If you're unsure, place the item in a "Maybe Box." Revisit it in 30 days—if you haven't needed it, it's probably time to let it go.



*Remember: Decluttering is not about perfection—it's about making room for what matters most.*

