



SYNOPSIS

Episode 31: Get Organized Once & For All: Accountability & Motivation

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WRAPPING UP THE SERIES

This is the last episode of our Get Organized Once and For All series where we've talked about strategies and tools you can use to maintain your organized spaces and systems as well as getting them set up in the first place.

Today we are talking about accountability and motivation. You may have tried and found it to not be as easy as it sounds. Finding support groups, motivation, and encouragement can be a game changer. Not only do we need them when we're feeling down, but we also need them on those days when we're on cloud nine.

On those days when we are really excited and proud of an accomplishment we made in clearing out clutter or organizing our home, it's great to have someone to celebrate with. So where do we go to look for that?

FRIENDS & FAMILY

Start with friends and family. It may sound weird to send a picture of your cleaned out closet and share your excitement about it, but give it a try!

Just send a text and see what they say. You may be surprised to find more common ground than you're expecting. Start the conversation and see if you can build a deeper connection.

ONLINE COMMUNITIES

There are all sorts of Facebook groups, memberships, and platforms that you can join and be a part of. Most likely a lot of people you already follow have online communities. You already know you like the message of that person, so you will probably enjoy their communities as well.

The great thing about these is that you aren't committed when you join. You can hang around and see what kinds of things are posted and if it's a place where you would like to spend more time and build connections.

FILL YOUR MIND WITH INSPIRATION

It can really make difference when you are filling your mind with the right things. If there is someone you follow online with a YouTube channel or newsletter, you can find that encouraging and motivating. Continue reading and listening to that person, filling your mind with those principles.

GET ORGANIZED HQ VIRTUAL

Our virtual conference that we have annually in September is a great place to go for inspiration. So much decluttering happens that week because there are thousands of women filling their heads with truths and ideas on decluttering and organization that you can't help but have that translate into your life and

home.

Registration is not open yet, but in the show notes there is a link to sign up for the waitlist. It's completely free and is over 100 sessions about life and home organization like we talk about on this podcast.

HELPING OTHERS

Helping others is the best way to help yourself. Just noticing and telling someone how great of a job they did with something is a great encouragement to them as well and a way to feel good yourself. You can build strong foundations to lasting friendships through encouragement.

So don't be afraid to join the conversation, whether that's sending a text to a friend to see what happens, or making a post in an online community.

A WIDE APPLICATION

All of the things we've talked about apply not only in your home, but in so many other areas as well. They apply to personal life and work goals. They will serve you at home, at work, in your fitness goals. So put yourself in the driver's seat of where your time is going and be accountable and motivated for your home, your life, and for all of your goals.