



**CLEANING**

TASK	DATE			
CHANGE OIL IN VEHICLE 1				
CHANGE OIL IN VEHICLE 2				
CHECK-UP FOR VEHICLE 1				
CHECK-UP FOR VEHICLE 2				
ELIMINATE PAPER CLUTTER				
DONATE OLD CLOTHES				
DEEP CLEAN THE FRIDGE				
DEEP CLEAN THE OVEN/STOVE				
DEEP CLEAN PANTRY				
CLEAN DISHWASHER				
SANITIZE WASHER & DRYER				
CLEAN OUT DRYER VENT DUCT				
CLEAN SMALL APPLIANCES				
DECLUTTER GARAGE				
CLEAN WINDOWS				
WASH CURTAINS				
CLEAN PATIO FURNITURE				

TASK	DATE			
DEEP CLEAN THE SINK				
CLEAN THE OVEN				
CHECK DATES ON REFRIGERATOR FOOD				
DEEP CLEAN THE FRIDGE				
CHECK DATES ON PANTRY FOOD				
CHECK DATES ON SPICES / BAKING ITEMS				
CLEAN DISHWASHER				
CLEAN MICROWAVE				
SANITIZE TRASH CAN				
CLEAN STOVE HOOD				
CLEAN DRIP PANS & BURNER GRATES				
CLEAN SMALL APPLIANCES				
VACUUM TOP OF CABINETS				
VACUUM LIGHT FIXTURES				
CLEAN TABLE & CHAIRS				
VACUUM/SWEEP & MOP FLOORS				
POLISH APPLIANCES				

when did I last

when did I last



*categorized chore chart*

CATEGORY/NAME	CHORE	S M T W T F S						
		S	M	T	W	T	F	S
		●	●	●	●	●	●	●
		●	●	●	●	●	●	●
		●	●	●	●	●	●	●
		●	●	●	●	●	●	●
		●	●	●	●	●	●	●
		●	●	●	●	●	●	●
		●	●	●	●	●	●	●
		●	●	●	●	●	●	●
		●	●	●	●	●	●	●
		●	●	●	●	●	●	●
		●	●	●	●	●	●	●
		●	●	●	●	●	●	●
		●	●	●	●	●	●	●
		●	●	●	●	●	●	●
		●	●	●	●	●	●	●
		●	●	●	●	●	●	●
		●	●	●	●	●	●	●
		●	●	●	●	●	●	●
		●	●	●	●	●	●	●
		●	●	●	●	●	●	●



*categorized chore chart*

CATEGORY/NAME	CHORE	S	M	T	W	T	F	S
		●	●	●	●	●	●	●
		●	●	●	●	●	●	●
		●	●	●	●	●	●	●
		●	●	●	●	●	●	●
		●	●	●	●	●	●	●
		●	●	●	●	●	●	●
		●	●	●	●	●	●	●
		●	●	●	●	●	●	●
		●	●	●	●	●	●	●
		●	●	●	●	●	●	●
		●	●	●	●	●	●	●
		●	●	●	●	●	●	●
		●	●	●	●	●	●	●
		●	●	●	●	●	●	●
		●	●	●	●	●	●	●
		●	●	●	●	●	●	●
		●	●	●	●	●	●	●
		●	●	●	●	●	●	●
		●	●	●	●	●	●	●
		●	●	●	●	●	●	●



*categorized chore chart*

CATEGORY/NAME	CHORE	S	M	T	W	T	F	S
		●	●	●	●	●	●	●
		●	●	●	●	●	●	●
		●	●	●	●	●	●	●
		●	●	●	●	●	●	●
		●	●	●	●	●	●	●
		●	●	●	●	●	●	●
		●	●	●	●	●	●	●
		●	●	●	●	●	●	●
		●	●	●	●	●	●	●
		●	●	●	●	●	●	●
		●	●	●	●	●	●	●
		●	●	●	●	●	●	●
		●	●	●	●	●	●	●
		●	●	●	●	●	●	●
		●	●	●	●	●	●	●
		●	●	●	●	●	●	●
		●	●	●	●	●	●	●
		●	●	●	●	●	●	●
		●	●	●	●	●	●	●
		●	●	●	●	●	●	●





*categorized chore chart*

CATEGORY/NAME	CHORE	S	M	T	W	T	F	S
		●	●	●	●	●	●	●
		●	●	●	●	●	●	●
		●	●	●	●	●	●	●
		●	●	●	●	●	●	●
		●	●	●	●	●	●	●
		●	●	●	●	●	●	●
		●	●	●	●	●	●	●
		●	●	●	●	●	●	●
		●	●	●	●	●	●	●
		●	●	●	●	●	●	●
		●	●	●	●	●	●	●
		●	●	●	●	●	●	●
		●	●	●	●	●	●	●
		●	●	●	●	●	●	●
		●	●	●	●	●	●	●
		●	●	●	●	●	●	●
		●	●	●	●	●	●	●
		●	●	●	●	●	●	●
		●	●	●	●	●	●	●
		●	●	●	●	●	●	●



*categorized chore chart*

CATEGORY/NAME	CHORE	S	M	T	W	T	F	S
		●	●	●	●	●	●	●
		●	●	●	●	●	●	●
		●	●	●	●	●	●	●
		●	●	●	●	●	●	●
		●	●	●	●	●	●	●
		●	●	●	●	●	●	●
		●	●	●	●	●	●	●
		●	●	●	●	●	●	●
		●	●	●	●	●	●	●
		●	●	●	●	●	●	●
		●	●	●	●	●	●	●
		●	●	●	●	●	●	●
		●	●	●	●	●	●	●
		●	●	●	●	●	●	●
		●	●	●	●	●	●	●
		●	●	●	●	●	●	●
		●	●	●	●	●	●	●
		●	●	●	●	●	●	●
		●	●	●	●	●	●	●
		●	●	●	●	●	●	●



*categorized chore chart*

CATEGORY/NAME	CHORE	S	M	T	W	T	F	S
		●	●	●	●	●	●	●
		●	●	●	●	●	●	●
		●	●	●	●	●	●	●
		●	●	●	●	●	●	●
		●	●	●	●	●	●	●
		●	●	●	●	●	●	●
		●	●	●	●	●	●	●
		●	●	●	●	●	●	●
		●	●	●	●	●	●	●
		●	●	●	●	●	●	●
		●	●	●	●	●	●	●
		●	●	●	●	●	●	●
		●	●	●	●	●	●	●
		●	●	●	●	●	●	●
		●	●	●	●	●	●	●
		●	●	●	●	●	●	●
		●	●	●	●	●	●	●
		●	●	●	●	●	●	●
		●	●	●	●	●	●	●
		●	●	●	●	●	●	●

[illegible]

## weekly checklist

[illegible][illegible]

This image shows a blank, lined page from a calendar or journal. The page has a teal header at the top with the word "THURSDAY" in white, uppercase letters. Below the header, the page is white with horizontal teal lines. There are several teal circles of different sizes scattered across the page, including a large one in the bottom left corner and a medium one in the center. The page is otherwise empty, with no text or other markings.

A blank Friday calendar page. The header is a solid teal bar with the word "FRIDAY" in white, bold, sans-serif capital letters. Below the header, the page is white with horizontal dotted teal lines. There are 15 dotted lines in total, creating 15 rows for scheduling. On the left side, there are 15 teal circles, each aligned with a dotted line. The circles vary in size: the first 10 are small, the 11th is medium, and the 12th, 13th, and 14th are large. The 15th circle is small. The circles are positioned on the left side of the page, with the larger ones extending further into the scheduling area.

**SATURDAY**

A blank lined page for Saturday. The page features a teal header with the word "SATURDAY" in white. The main body is white with horizontal teal lines. There are several teal circles of varying sizes scattered along the left margin and one large teal circle in the center-right area.

# cleaning zones

## KITCHEN



## LIVING AREA



## BEDROOMS



## BATHROOMS



## ENTRYWAY



## OFFICE

